

# AoR Covid-19 Risk Assessment (updated Jan 2022)



**AoR advice:** Risk assessments should generally be completed by phone.  
For long standing clients you may use email or texts to ask these questions.

**Date:**

**Client name:**

**Therapist name:**

**Therapist signature:**

About your Client:	Have they been vaccinated?	No/once/twice/booster(s)
<b>Are they showing any signs of Covid-19?</b>		<b>Yes / No</b>
Be aware of the symptoms of the latest variant of Covid; both from the Zoe research study <a href="https://covid.joinzoe.com/blog">https://covid.joinzoe.com/blog</a> and from the Government: <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/">https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/</a>		
(Be aware of new skin rashes, bumps or lesions on the body or toes and include in your assessment of risk. If in doubt refer to their medical practitioner)		
<b>Have they</b> been contacted by NHS Test & Trace team and advised to self-isolate?		<b>Yes / No</b>
<b>If either of these are yes, do not treat the client until after their self-isolation finishes</b>		
<b>Have they</b> been in contact with anybody who has tested positive over the last week but have been told they do not need to self-isolate.		<b>Yes / No</b>
<b>Are they likely to have been exposed to Covid-19 in any other way?</b>		<b>Yes / No</b>
<i>Considerations include: local lockdown restrictions, use of public transport, attendance at mass events (sports/ music/ festivals), recent travel to countries of concern, or any other situation which might increase, or have increased, the risk of your client becoming infected.</i>		
<b>If either of the above are yes, assess the possible risk to yourself. See chart 4h timeline.</b>		
Are they at higher risk of either becoming infected or experiencing more serious symptoms if infected.		<b>Yes / No</b>
<b>If yes, you and your client need to assess if the risk of treatment is greater than the potential benefit of the treatment. Are any extra mitigations required?</b>		
<b>About you:</b>		
You need to assess whether or not <b>you</b> should treat clients at this time. <i>Considerations include: Exposure to someone who has recently tested positive, local lockdown restrictions, use of public transport, attendance at mass events (sports/ music/ festivals), recent travel to countries of concern, or any other situation which might increase, or have increased, your risk of becoming infected.</i>		
<b>Are you showing signs of Covid-19?</b>		<b>Yes / No</b>
<b>Have you been in recent contact</b> with someone who has tested positive for Covid-19 (PCR or Lateral Flow) or who has been contacted by NHS Test & Trace team and advised to self-isolate?		<b>Yes / No</b>
<b>If yes to either of the questions above you will need to do a Lateral Flow test and, if positive, follow the current devolved Government guidelines for self-isolation.</b>		
<b>You will not be able to treat clients during any period of self-isolation.</b>		

**If after all of the above considerations, you feel you are able to treat, you must follow the latest AoR hygiene guidelines, government advice and any local lockdown restrictions.**

**Decision & Reasons:**